31/1/22

Arrange the letters and fill in the blanks.

1. Food gives us energy.
2. Flour is made by grinding wheat.
3. Rice and dal are the seeds of plants.
4. People who do not eat meat are vegetarians.
5. Cows and buffaloes give us milk.
6. Ice cream is made from milk.

nreeyg

hteaw

desse

evetringaas

slaffobue

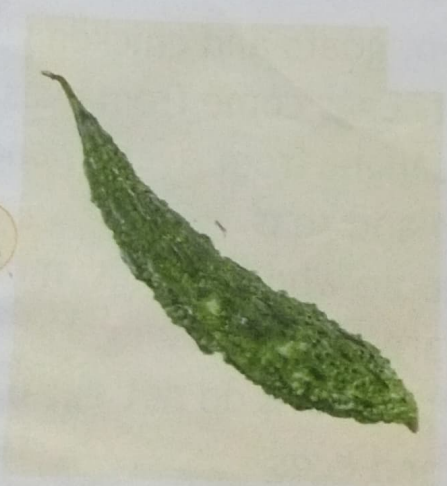
klim

Write 'C' if we have to cook it, and 'R' if we can eat it raw.

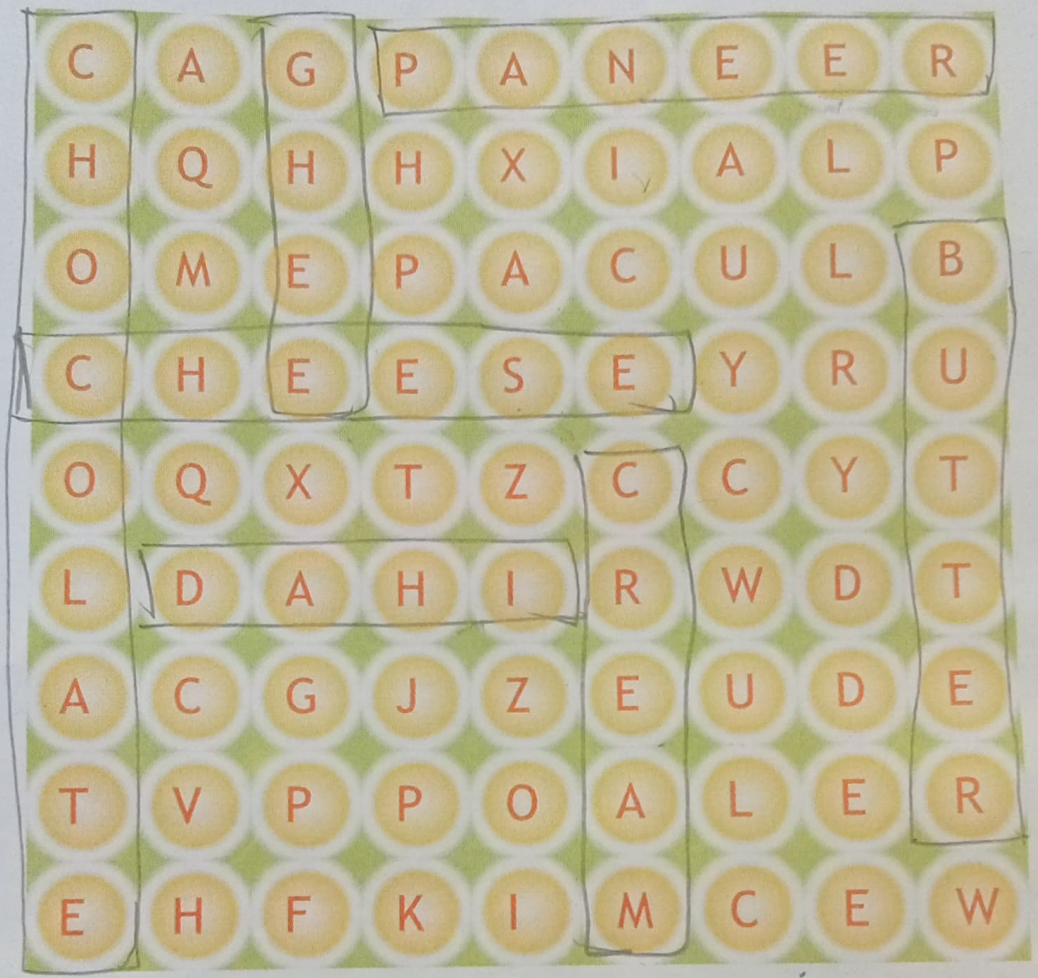
R

C

C



C

R

The names of seven things we make with milk are hidden in this puzzle. Can you find them?